

Photo, Graphic, and Illustration Credits

Cover:

- a. Salad bowl: Microsoft Clip Art

Repeated in Each Lesson:

- a. Alarm clock: Microsoft Clip Art
- b. Clipboard: Microsoft Clip Art
- c. Gears: Microsoft Clip Art
- d. Question mark (color modified):
https://upload.wikimedia.org/wikipedia/commons/f/f6/Lol_question_mark.png
- e. Running figure (color modified): <https://flic.kr/p/fLbovu>
- f. Two people talking (color modified):
<https://upload.wikimedia.org/wikipedia/commons/f/ff/Two-people-talking-logo.jpg>
- g. Light bulb (color modified):
http://www.cliparts101.com/free_clipart/65672/Light_Bulb_In_Circle
- h. Head and brain (color modified): <http://www.pd4pic.com/images/tile-head-brain-blood-pressure-bless-you-hospital.jpg>
- i. Clipboard with checkmark (color modified):
https://upload.wikimedia.org/wikipedia/commons/8/84/Check_sheet.svg

Introduction:

1. Cover
 - a. Sliced peppers in skillet: Microsoft Clip Art

Lesson 1:

1. Lesson Images
 - a. Blueberries: Microsoft Clip Art
 - b. Variety of food: Microsoft Clip Art
 - c. Grilled chicken: <https://flic.kr/p/aiBZKZ>
 - d. Carbohydrates: <https://flic.kr/p/dT7QdP>
 - e. Walnuts: <https://flic.kr/p/BNcMkB>
 - f. Orange juice: <https://flic.kr/p/dTdnak>
 - g. MyPlate: <http://choosemyplate.gov>
2. PowerPoint Images
 - a. Minerals: https://commons.wikimedia.org/wiki/File:Different_minerals.jpg
 - b. All other images: Microsoft Clip Art
3. Newsletter Images
 - a. All images in this Newsletter are credited to Microsoft Clip Art
4. Other Appendix Images
 - a. Salad bowl: Microsoft Clip Art
 - b. Flip chart paper: Krista Neary and Ashley Thiede

- c. Completed flip chart paper: Krista Neary and Ashley Thiede

Lesson 2:

1. Lesson Images

- a. Apple: Microsoft Clip Art
- b. Measuring cups <https://www.flickr.com/photos/twobee/8484547237>
- c. Measuring spoons <https://www.flickr.com/photos/usdagov/8424915354/in/photolist-dQtTPh>
- d. Spinach <https://www.flickr.com/photos/waiferx/3016613907>
- e. Measuring cups, spoons, bowls, other utensil: Krista Neary
- f. Bowls of food: Anna Jones

2. Newsletter Images

- a. Food scale with strawberries:
https://farm5.staticflickr.com/4048/4522268275_b3e825837f_o_d.jpg
- b. Cholesterol label: Anna Jones
- c. Nutrition facts for Macaroni and Cheese
https://upload.wikimedia.org/wikipedia/commons/thumb/6/64/US_Nutritional_Fact_Label.svg/481px-US_Nutritional_Fact_Label.svg.png
- d. Man reading nutrition facts
https://c1.staticflickr.com/9/8724/17098092451_0ecb4d2479_b.jpg
- e. Hand https://pixabay.com/static/uploads/photo/2014/02/08/16/08/hand-262091_640.jpg
- f. Images of hands as comparisons: <http://www.healthyeating.org/Healthy-Eating/Healthy-Living/Weight-Management/Article-Viewer/347/Correct-Portion-Sizes-How-to-Keep-Portion-Distortion-in-Check.asp>
- g. Baseball [https://upload.wikimedia.org/wikipedia/en/1/1e/Baseball_\(crop\).jpg](https://upload.wikimedia.org/wikipedia/en/1/1e/Baseball_(crop).jpg)
- h. Deck of cards <http://res.freestockphotos.biz/pictures/5/5539-a-deck-of-playing-cards-isolated-on-a-white-background-pv.jpg>
- i. Tennis ball <http://res.freestockphotos.biz/pictures/16/16637-illustration-of-a-tennis-ball-pv.png>
- j. Ping pong ball
https://upload.wikimedia.org/wikipedia/commons/c/c4/Table_tennis_ball.png
- k. Golf ball <https://upload.wikimedia.org/wikipedia/commons/f/f5/Golf-ball.jpg>
- l. Raw spinach red tablecloth
https://upload.wikimedia.org/wikipedia/commons/thumb/0/07/1_cup_of_raw_salad_leaves,_for_example_raw_spinach..JPG/1280px-1_cup_of_raw_salad_leaves,_for_example_raw_spinach..JPG
- m. Spinach salad https://pixabay.com/static/uploads/photo/2014/08/19/10/53/salad-421382_640.jpg
- n. Spinach and green smoothie
https://pixabay.com/static/uploads/photo/2014/08/21/00/19/green-422995_640.jpg
- o. Cooked spinach yellow bowl
https://upload.wikimedia.org/wikipedia/commons/6/6f/5aday_spinach.jpg
- p. MyPlate: <http://choosemyplate.gov>
- q. Salad https://pixabay.com/static/uploads/photo/2014/06/21/21/00/salad-374173_640.jpg
- r. Blueberries in measuring cup:
https://farm3.staticflickr.com/2916/14378871070_944b12cdd1.jpg

Lesson 3:

1. Lesson Images
 - a. Jump rope: Microsoft Clip Art
 - b. Measuring pulse <http://www.public-domain-image.com/free-images/science/medical-science/seated-male-patient-was-having-his-pulse-rate-determined-by-a-female-clinician/attachment/seated-male-patient-was-having-his-pulse-rate-determined-by-a-female-clinician>
 - c. Runners <https://www.flickr.com/photos/yourdon/6015905915/in/album-72157627343496684/>
2. PowerPoint Images
 - a. Man taking pulse (shading modified, blurred slightly): https://en.wikipedia.org/wiki/File:Measuring_pulse.jpg
 - b. Lungs and heart illustration: Anna Jones
3. Newsletter Images
 - a. All images in this Newsletter are credited to Microsoft Clip Art

Lesson 4:

1. Lesson Images
 - a. All images in this lesson are credited to Microsoft Clip Art
2. PowerPoint Images
 - a. All MyPlate images: <http://choosemyplate.gov>
 - b. Whole grain image: USDA Whole Grain Resource Guide
 - c. All other images: Microsoft Clip Art
3. Newsletter Images
 - a. All MyPlate images: <http://choosemyplate.gov>
 - b. Pile of fruit: https://pixabay.com/static/uploads/photo/2013/02/17/12/24/fruits-82524_640.jpg
 - c. Pile of vegetables: https://c2.staticflickr.com/6/5472/9041948559_ae975fe9d8_b.jpg
 - d. Grain kernel (color modified): <https://commons.wikimedia.org/wiki/File:Grain.gif>
 - e. Brown rice: https://c2.staticflickr.com/4/3159/2889140143_b99fd8dd4c.jpg
 - f. Whole grain bread: https://upload.wikimedia.org/wikipedia/commons/7/79/Vegan_Nine_Grain_Whole_Wheat_Bread.jpg
 - g. Whole grain breakfast cereal: https://pixabay.com/static/uploads/photo/2014/11/14/20/20/blueberries-531209_640.jpg
 - h. Image of salmon: https://pixabay.com/static/uploads/photo/2014/11/05/15/57/salmon-518032_640.jpg
 - i. Image of eggs: https://pixabay.com/static/uploads/photo/2014/04/05/11/38/food-316412_640.jpg
 - j. Image of tofu: [https://upload.wikimedia.org/wikipedia/commons/0/03/Japanese_SilkyTofu_\(Kinugoshi_To_fu\).JPG](https://upload.wikimedia.org/wikipedia/commons/0/03/Japanese_SilkyTofu_(Kinugoshi_To_fu).JPG)
 - k. Yogurt: <https://upload.wikimedia.org/wikipedia/commons/7/77/Obstjoghurt01.jpg>
 - l. Cheese: <https://upload.wikimedia.org/wikipedia/commons/f/fe/WFromage.png>
 - m. Soy milk: [https://upload.wikimedia.org/wikipedia/commons/a/af/Soy_milk_\(2\).jpg](https://upload.wikimedia.org/wikipedia/commons/a/af/Soy_milk_(2).jpg)

- n. Wheat: Microsoft Clip Art

Lesson 5:

1. Lesson Images
 - a. Strawberries: Microsoft Clip Art
 - b. Girl with books: Microsoft Clip Art
 - c. Glass of milk: Microsoft Clip Art
2. PowerPoint Images:
 - a. All images in this PowerPoint are credited to Microsoft Clip Art
3. Newsletter Images
 - a. Silhouette of aging figures: <https://upload.wikimedia.org/wikipedia/commons/d/d5/Life-stages.jpg>
 - b. Silhouette of girl: <http://cliparts.co/clipart/2540487>
 - c. Silhouette of man: <https://openclipart.org/detail/24894/men-in-black-1>
 - d. Toddler: Microsoft Clip Art
 - e. Girl with basketball: Microsoft Clip Art
 - f. Softball team Microsoft Clip Art
 - g. Woman jogging with dog: Microsoft Clip Art
 - h. Man on exercise bike: Microsoft Clip Art
 - i. Broccoli: <http://www.jphotostyle.com/pictures/broccoli02-md.jpg>
 - j. Bananas: <https://upload.wikimedia.org/wikipedia/commons/6/69/Banana.png>
 - k. Vegetables: Microsoft Clip Art
 - l. Woman eating soup with girl: Microsoft Clip Art
 - m. Yogurt and granola: <https://flic.kr/p/7JTDXs>
 - n. White bean hummus: <https://flic.kr/p/6wAznq>
 - o. Caprese salad: <https://flic.kr/p/b9HpBx>

Lesson 6:

1. Lesson Images
 - a. Man with grocery cart and baby: Microsoft Clip Art
 - b. Girl eating strawberry: Microsoft Clip Art
 - c. Woman writing on flip chart: Krista Neary
2. PowerPoint Images
 - a. Man and daughter: Microsoft Clip Art
3. Newsletter Images
 - a. Grocery store produce: Microsoft Clip Art
 - b. Salad: Microsoft Clip Art
 - c. Man smiling: <https://pixabay.com/en/man-boy-person-portrait-face-324103/>
 - d. Apples: Microsoft Clip Art
 - e. Sunny beach: <http://www.pd4pic.com/haeundae-beach-sunshine-sandy-sea-sunset-busan.html>
 - f. Salad bar:
https://upload.wikimedia.org/wikipedia/commons/2/2e/Johns_Inc_Salad_Bar_Buffet.jpg
 - g. Restaurant: <https://flic.kr/p/a1ZSwU>

- h. Capitol: https://upload.wikimedia.org/wikipedia/commons/b/b2/United_States_Capitol_-_west_front.jpg
- i. Kids eating lunch: Microsoft Clip Art
- j. Salad being served: <https://flic.kr/p/8AH8X5>
- k. Salad: Microsoft Clip Art
- l. Kids playing:
https://upload.wikimedia.org/wikipedia/commons/1/18/Children_playing_road_hockey_in_Vancouver.jpg
- m. Salad: Microsoft clip art
- n. Vegetables: Microsoft clip art

Lesson 7:

1. Lesson Images

- a. Tomatoes: Microsoft Clip Art
- b. Salad bar: <https://flic.kr/p/aveK2g>
- c. Children eating lunch: <http://blogs.usda.gov/tag/school-breakfast-week/>
- d. Craft supplies: Krista Neary and Ashley Thiede

2. PowerPoint Images

- a. None

3. Newsletter Images

- a. Smiling children eating lunch: <https://flic.kr/p/psT21X>
- b. Smarter Lunchrooms Movement Logo: <http://www.smarterlunchrooms.org>
- c. Boy drinking milk: Microsoft Clip Art
- d. Fruit: Microsoft Clip Art
- e. Children with fruit kabobs:
- f. Fruit and vegetable bar: <https://flic.kr/p/aveK2g>
- g. Child with plate and silverware: Microsoft Clip Art

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(3) email: program.intake@usda.gov.

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