

References

Go Glow Grow

University of California Cooperative Extension, Placer County—Sharon Junge
Please contact UCCE Placer County Office at 530-889-7350

Happy Healthy Me

University of California Cooperative Extension, Placer County—Sharon Junge
Please contact UCCE Placer County Office at 530-889-7350

The Lunch Box

University of California Cooperative Extension, San Luis Obispo County—Shirley Peterson

The Lunch Box Handouts can be found on the UC Cooperative Extension website and downloaded in English and Spanish as PDFs:

[http://cesanluisobispo.ucdavis.edu/Nutrition, Family and Consumer Science208/Lunch Box Handouts.htm](http://cesanluisobispo.ucdavis.edu/Nutrition,_Family_and_Consumer_Science208/Lunch_Box_Handouts.htm)

Tips for Busy Early Childhood Professionals (Activities and Recipes)

University of California Cooperative Extension, Alameda County—Lucrecia Farfan-Ramirez

Contact Lucrecia Farfan-Ramirez for more information at cdalameda@ucdavis.edu

Food For Thought

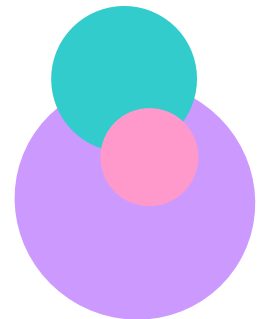
California Department of Education—Lynette Haynes-Brown
This can be purchased using the included order form.

Setting the Stage: Nutrition and Physical Activity Lessons for Child Development Homes

Team Nutrition Iowa, Iowa Department of Education

These activity cards can be found on the USDA Team Nutrition State Sharing website and can be downloaded as PDFs:

http://healthymeals.nal.usda.gov/nal_display/index.php?info_center=14&tax_level=2&tax_subject=554&level3_id=0&level4_id=0&level5_id=0&topic_id=2199&placement_default=0



Nutrition Matters! Module II: From the Garden to the Table

University of California Cooperative Extension, Alameda County—Lucrecia Farfan-Rameriz

Contact Lucrecia Farfan-Ramirez for more information at cdalameda@ucdavis.edu

Buy Fresh Buy Local Food Guide

Community Alliance with Family Farmers

The Buy Fresh Buy Local Food Guides can be found on the CAFF.org website and downloaded as PDFs:

<http://guide.buylocalca.org/localGuides.html>

Nutrition Best Handouts

University of California Cooperative Extension, Placer County—Sharon Junge

The handouts and pamphlets can all be found on the UC Cooperative Extension website and downloaded as PDFs:

http://ceplacer.ucdavis.edu/Custom_Program960/

