• **Cover & Design Artwork**  
  o Lynn Chang

• **Cooking Demonstration 1: Fresh Fall Salad**  
  o Food Photos – Kelley Brian, Jessica Linnell, & Lynn Chang

• **Cooking Demonstration 2: Black Bean and Veggie Tostada Olé**  
  o Food Photos – Kelley Brian, Jessica Linnell, & Lynn Chang

• **Cooking Demonstration 3: Veg-Out Chilean Stew**  
  o Food Photos – Kelley Brian, Jessica Linnell, & Lynn Chang

• **Cooking Demonstration 4: Delicious Dunking Dip**  
  o Food Photos – Kelley Brian, Jessica Linnell, & Lynn Chang

• **Cooking Demonstration 5: Stir-It-Up Stir Fry**  
  o Food Photo – Kelley Brian & Jessica Linnell, & Lynn Chang
Cooking Demos 1-5

